

Open Heart and Open Wings

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Did you notice that there is almost no one around you that have not experienced heart breaking...? And the enormous pains that follow it, almost as you do not know who you are anymore?

Could it be part of our training in this planet? Related directly to our inner evolution?

For some it happened at the end of a short connection, for other in a top point in time of a strong and loving relationship or in a separation time from a close dear one. It can happen as part of the reflection represented by your mother, your father, child or family member, with your lover and beloved one and even in a break of a project development, work challenge or other kinds of let down experience.

These "heart breaking" situations have a purpose. Yes, clearly, part of it is about burning karma and disillusion, other part is meant to open the heart - let it blossom pleasure like a flower and fly light and smooth on the streams of consciousness. Releasing with it opinions, expectations, and limitation that serve no more.

Is there a way to avoid it...? It seems to me the ones who did not experience it by now- will experience it sooner or later, unless – of course- they will be increasing the vibration of their heart and capacity to love into higher and higher levels. Finally into Love to All.

Increasing the capacity of our heart as wide and deep heart gives us the ability to assimilate the situations we encounter and absorb in our reality easily, be present and in the heart, the center, while dealing with any life situation and being one and in tune with it. In other words, when the heart is healthy open, there is no, or maybe short process one needs, to be able to be in

Notice:

The completion of each and any lesson that we received in this life time, in this physical body, comes when we are able to feel the love that support and warp the situation and feel gratitude that it happened.

No matter how tough and painful it is.

*As soon as you are able to say **thank you** and **I love you**- to all part that were involved in the situation - you will clean the energetic charge, rise up and merge with its light and happiness.*

JUST SAY IT

Within your heart

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peace and harmony with his or her reality- life and love are entered and shared in the heart as the waves of an ocean in the flow of existence. There is a space for all.

In our history (his- story = the story that we told our self) it was Jesus the one who represented it best- Love beyond all limitation. Jesus presented a wide and deep heart, he was connected to the generosity of love that created this universe, and he came to us as a model that plants the seeds and vibration of the Unconditional Love in human body. Jesus was known as a great healer who can transform dis-ease into health. Spiritual teaching describe what Jesus have done as Realing rather than Healing, the ability to see/ feel all beyond the illusion of separation, as perfect and complete as it is, therefore he was creating new reality of whole in his presence, the presence appear as Love to All.

Most of us Human are still processing so we (as one) will be able to move forward to this level, most of us see and feel love as separate thing, that happen between the self and something outside of it, like couple= one person love the other. In cases like that the "other" can gives you all you need to cover the rooms of your heart, your temple, with walls of guilt, shame, fear, competition, sorrow and more, or to bloom and flourish like rose.

In the true source of Love there no separation, it is higher of the illusion of "other" it is a reflection of your inner self love, love to source. Until we will be able to feel love in this basic form, the key to this awakening will be in the heart of someone else, appear in your reality as something or someone outside of you, as the one you love or your project.

Unconditional love is to love it All as it is. Simple, not easy. It is as closer as we can to be as God.

In our self, human and world evolution the era of Pisces is arriving to it termination and we are entering the era of Aquarius. Jesus, who was the avatar of the Pisces era, shared with each and every one of us his grace and teaching by being the Sun of God in a human body. Now in the Aquarius era we will be also asked to move forward into the practice of being it, vibrating fully in the 5th dimension, the unconditional love, being and loving without limitation, beyond walls and separation.

Up to now time unconditional love was a space related with angels, after that it was Jesus and Maria, now it is our emotional, mental and spiritual evolution.
